

- 78) Krispenz, A., & Bertrams, A. (2023). *Understanding involvement in environmental activism: Relationships to pathological narcissism, virtue signaling, dominance, and sensation seeking*. SSRN.  
<http://dx.doi.org/10.2139/ssrn.4560799>
- 77) Krispenz, A., & Bertrams, A. (2023). *Further evidence for the Dark-Ego-Vehicle Principle: Higher pathological narcissistic grandiosity and virtue signaling are related to greater involvement in LGBQ and gender identity activism*. SSRN.  
<http://dx.doi.org/10.2139/ssrn.4204911>
- 76) Bieleke, M., Wolff, W., & Bertrams, A. (2023). *On the virtues of fragile self-control: Boredom as a catalyst for adaptive behavior regulation*. PsyArXiv.  
<https://doi.org/10.31234/osf.io/tgq95>
- 75) Krispenz, A., & Bertrams, A. (2024). Further basic evidence for the dark-ego-vehicle principle: Higher pathological narcissism is associated with greater involvement in feminist activism. *Current Psychology*, 43, 14619–14633.  
<https://doi.org/10.1007/s12144-023-05451-x>
- 74) Bertrams, A., Blaise, M., & Krispenz, A. (2024). German translation of the Four-Item Mentalising Index (FIMI-G). *Measurement Instruments for the Social Sciences*, 6, Article e12249.  
<https://doi.org/10.5964/miss.12249>
- 73) Bertrams, A., & Krispenz, A. (2024). Dark-ego-vehicle principle: Narcissism as a predictor of anti-sexual assault activism. *Current Psychology*, 43, 3585–3598.  
<https://doi.org/10.1007/s12144-023-04591-4>
- 72) Krispenz, A., & Bertrams, A. (2024). Understanding left-wing authoritarianism: Relations to the dark personality traits, altruism, and social justice commitment. *Current Psychology*, 43, 2714–2730.  
<https://doi.org/10.1007/s12144-023-04463-x>
- 71) Bertrams, A. (2022). From autistic pragmatic language problems to a negative attitude toward human nature—a serial multiple mediation model. *Journal of Psychiatric Research*, 152, 139–143.  
<https://doi.org/10.1016/j.jpsychires.2022.06.022>
- 70) Bertrams, A., Lindner, C., Muntoni, F., & Retelsdorf, J. (2022). Self-control capacity moderates the effect of stereotype threat on female university students' worry during a math performance situation. *Frontiers in Psychology: Educational Psychology*, 13:794896.  
<https://doi.org/10.3389/fpsyg.2022.794896>

- 69) Bertrams, A., Lindner, C., Muntoni, F., & Retelsdorf, J. (2022). Self-control capacity moderates the effect of stereotype threat on female university students' worry during a math performance situation. *Frontiers in Psychology*, 13:794896. (Research topic "Gender Differences and Disparities in Socialization Contexts: How Do They Matter for Healthy Relationships, Wellbeing, and Achievement-related Outcomes?")  
<https://doi.org/10.3389/fpsyg.2022.794896>
- 68) Lorei, C., Kober, C., Oßwald-Meißner, S., Bertrams, A., & Englert, C. (2022). Polizeiliches Einsatzhandeln und Anforderungen an die Selbstkontrolle: Welche alltäglichen Einsatzsituationen erfordern Selbstkontrolle, wann versagt diese und wie kann sie aufrechterhalten werden? [Police operational action and requirements for self-control: Which everyday operational situations require self-control, when does self-control fail, and how can self-control be maintained?]. *Polizei & Wissenschaft*, 4/2022, 29–49.  
<http://www.polizeiundwissenschaft-online.de/archiv/#archiv>
- 67) Wolff, W., Bieleke, M., Englert, C., Bertrams, A., Schüler, J., & Martarelli, C. S. (2022). A single item measure of self-control – validation and location in a nomological network of self-control, boredom, and if-then planning. *Social Psychological Bulletin*, 17, Article e7453.  
<https://doi.org/10.32872/spb.7453>
- 66) Bertrams, A. (2021). Cultural context and the relationship between autistic traits and belief in a just world. *Personality and Individual Differences*, 173, 110642.  
<https://doi.org/10.1016/j.paid.2021.110642>
- 65) Bertrams, A. (2021). Internal reliability, homogeneity, and factor structure of the ten-item Autism-Spectrum Quotient (AQ-10) with two additional response categories. *Experimental Results*, 2, e3, 1–9.  
<https://doi.org/10.1017/exp.2020.70>
- 64) Bertrams, A. (2021). Less illusion of a just world in people with formally diagnosed autism and higher autistic traits. *Journal of Autism and Developmental Disorders*, 51, 3733–3743.  
<https://doi.org/10.1007/s10803-020-04831-7>
- 63) Bertrams, A. (2021). Perceived self-control effort, subjective vitality, and general affect in an associative structure. *Frontiers in Psychology: Personality and Social Psychology*, 12:575357.  
<https://doi.org/10.3389/fpsyg.2021.575357>
- 62) Bertrams, A. (2021). The cognitive association between effortful self-control and decreased vitality. *Frontiers in Psychology: Theoretical and Philosophical Psychology*, 12:631914.  
<https://doi.org/10.3389/fpsyg.2021.631914>
- 61) Bertrams, A., & Zäch, M. (2021). Autistic traits predict social-contact uncertainty in university students. *Frontiers in Psychiatry: Psychopathology*, 12:572445.  
<https://doi.org/10.3389/fpsyt.2021.572445>
- 60) Blaise, M., Marksteiner, T., Krispenz, A., & Bertrams, A. (2021). Measuring Motivation for Cognitive Effort as State. *Frontiers in Psychology: Social and Personality Psychology*, 12:785094.  
<https://doi.org/10.3389/fpsyg.2021.785094>

- 59) Englert, C., & Bertrams, A. [shared first authorship] (2021). Again, no evidence for or against the existence of ego depletion: Opinion on “A multi-site preregistered paradigmatic test of the ego depletion effect”. *Frontiers in Human Neuroscience: Cognitive Neuroscience*, 15:658890. (Research topic “Effort-Based Decision-Making and Cognitive Fatigue”)  
<https://doi.org/10.3389/fnhum.2021.658890>
- 58) Martarelli, C., Bertrams, A., & Wolff, W. (2021). A personality trait-based network of boredom, spontaneous and deliberate mind-wandering. *Assessment*, 28, 1915–1931.  
<https://doi.org/10.1177%2F1073191120936336>
- 57) Tillmann, T., Bertrams, A., El Matany, K., & Lionetti, F. (2021). Replication of the existence of three sensitivity groups in a sample of German adolescents. *European Journal of Developmental Psychology*, 18, 131–143.  
<https://doi.org/10.1080/17405629.2020.1763791>
- 56) Zavery, A., Zäch, M., & Bertrams, A. (2021). Test anxiety in autistic university students—preliminary results from a German-speaking sample. *Brain Sciences*, 11, 390.  
<https://doi.org/10.3390/brainsci11030390>
- 55) Bertrams, A. (2020). A schema-activation approach to failure and success in self-control. *Frontiers in Psychology: Theoretical and Philosophical Psychology*, 11:2256.  
<https://doi.org/10.3389/fpsyg.2020.02256>
- 54) Bertrams, A., Althaus, L., Boss, T., Furrer, P., Jegher, L. C., Soszynska, P., & Tschumi, V. (2020). Using red font influences the emotional perception of critical performance feedback. *Swiss Journal of Psychology*, 79, 27–33.  
<https://doi.org/10.1024/1421-0185/a000230>
- 53) Bertrams, A., Dyllick, T., Englert, C., & Krispenz, A. (2020). German adaptation of the Subjective Vitality Scales (SVS-G). *Open Psychology*, 2, 57–75.  
<https://doi.org/10.1515/psych-2020-0005>
- 52) Bertrams, A., & Minkley, N. (2020). Preliminary indications that first semester students from academic households exhibit higher hair cortisol concentrations than their peers from non-academic households. *Frontiers in Psychiatry: Public Mental Health*, 11:580.  
<https://doi.org/10.3389/fpsyg.2020.00580>
- 51) Bertrams, A., & Schlegel, K. (2020). Speeded reasoning moderates the inverse relationship between autistic traits and emotion recognition. *Autism*, 24, 2304–2309.  
<https://doi.org/10.1177/1362361320937090>
- 50) Englert, C., & Bertrams, A. (2020). Volition im Sport. In J. Schüler, M. Wegner & H. Plessner (Eds.), *Sportpsychologie – Grundlagen und Anwendung* (pp. 211–232). Heidelberg: Springer.  
[https://doi.org/10.1007/978-3-662-56802-6\\_10](https://doi.org/10.1007/978-3-662-56802-6_10)
- 49) Krispenz, A., & Bertrams, A. (2020). Correlates of the intention to reduce meat consumption. *Sustainability*, 12:4774.  
<https://doi.org/10.3390/su12114774>

- 48) Bertrams, A., & Englert, C. (2019). Creative flexibility performance is neither related to anxiety, nor to self-control strength, nor to their interaction. *Frontiers in Psychology: Performance Science*, 10:1999.  
<https://doi.org/10.3389/fpsyg.2019.01999>
- 47) Englert, C., Koroma, D., Bertrams, A., & Martarelli, C. S. (2019). Testing the validity of the attention control video: An eye-tracking approach of the ego depletion effect. *PLOS ONE*, 14:e0211181.  
<https://doi.org/10.1371/journal.pone.0211181>
- 46) Furley, P., Kohlhaas, S., Englert, C., Nieuwenhuys, A., & Bertrams, A. (2019). The expression of ego-depletion: Thin slices of nonverbal behavior as cues to momentary self control capacity. *Social Psychology*, 50, 305–321. (Special issue “Ego depletion and self-control: Conceptual and empirical advances”)  
<https://doi.org/10.1027/1864-9335/a000370>
- 45) Kühn, T., & Bertrams, A. (2019). Is learning with elaborative interrogation less desirable when learners are depleted? *Frontiers in Psychology: Educational Psychology*, 10:707. (Research topic “How desirable are ‘desirable difficulties’ for learning in educational contexts?”).  
<https://doi.org/10.3389/fpsyg.2019.00707>
- 44) Wolff, W., Bertrams, A., & Schüler, J. (2019). Trait self-control discriminates between elite and non-elite youth football players: A Bayesian analysis. *Frontiers in Psychology: Movement Science and Sport Psychology*, 10:2203.  
<https://doi.org/10.3389/fpsyg.2019.02203>
- 43) Bertrams, A., & Englert, C. (2018). Regulation von Stereotyp-Bedrohung in Leistungssituationen: Die Rolle der momentanen Selbstkontrollkapazität. In G. Hagenauer & T. Hascher (Eds.), *Emotionen und Emotionsregulation in Schule und Hochschule* (pp. 43–55). Münster: Waxmann.  
<http://waxmann.ciando.com/ebook/bid-2471122-emotionen-und-emotionsregulation-in-schule-und-hochschule/kapitel/>
- 42) Englert, C., Bechler, A., Singh, S., & Bertrams, A. (2018). Testing the effectiveness of a short-term stress prevention programme in primary school students. *Health Psychology Bulletin*, 2, p.1.  
<http://doi.org/10.5334/hpb.11>
- 41) Englert, C., & Bertrams, A. (2017). Ego depletion negatively affects knowledge retrieval in secondary school students. *Educational Psychology*, 37, 1057–1066.  
<https://doi.org/10.1080/01443410.2017.1313963>
- 40) Englert, C., Zavery, A., & Bertrams, A. (2017). Too exhausted to perform at the highest level? On the importance of self-control strength in educational settings. *Frontiers in Psychology: Educational Psychology*, 8:1290.  
<https://doi.org/10.3389%2Fpsyg.2017.01290>
- 39) Jegher, L. C., Bertrams, A., & Englert, C. (2017). Die selbstberichtete Aggressivität von Thaiboxern, Fußballern und Tennisspielern. *Zeitschrift für Sportpsychologie*, 24, 155–160.  
<https://doi.org/10.1026/1612-5010/a000201>

- 38) Schöndube, A., Bertrams, A., Sudeck, G., & Fuchs, R. (2017). Self-control strength and physical exercise: An ecological momentary assessment study. *Psychology of Sport and Exercise*, 29, 19–26.  
<https://doi.org/10.1016/j.psychsport.2016.11.006>
- 37) Bertrams, A., Baumeister, R. F., & Englert, C. (2016). Higher self-control capacity predicts lower anxiety-impaired cognition during math examinations. *Frontiers in Psychology: Educational Psychology*, 7:485.  
<https://doi.org/10.3389%2Ffpsyg.2016.00485>
- 36) Englert, C., & Bertrams, A. (2016). Relaxation counteracts the detrimental effects of ego depletion on perceptual-motor performance under evaluative pressure. *Sportwissenschaft*, 46, 110–115.  
<https://doi.org/10.1007/s12662-015-0383-y>
- 35) Englert, C., & Bertrams, A. (2016). Worry activation impairs intelligence test performance only under ego depletion. *Swiss Journal of Psychology*, 75, 161–166.  
<https://doi.org/10.1024/1421-0185/a000179>
- 34) Bertrams, A., Baumeister, R. F., Englert, C., & Furley, P. (2015). Ego depletion in color priming research: Self-control strength moderates the detrimental effect of red on cognitive test performance. *Personality and Social Psychology Bulletin*, 41, 311–322.  
<https://doi.org/10.1177%2F0146167214564968>
- 33) Englert, C., & Bertrams, A. (2015). Autonomy as a protective factor against the detrimental effects of ego depletion on tennis serve accuracy under pressure. *International Journal of Sport and Exercise Psychology*, 13, 121–131.  
<https://doi.org/10.1080/1612197X.2014.932828>
- 32) Englert, C., & Bertrams, A. (2015). Integrating attentional control theory and the strength model of self-control. *Frontiers in Psychology: Personality and Social Psychology*, 6:824.  
<https://doi.org/10.3389/fpsyg.2015.00824>
- 31) Englert, C., Bertrams, A., Furley, P., & Oudejans, R. R. D. (2015). Is ego depletion associated with increased distractibility? Results from a basketball free throw task. *Psychology of Sport and Exercise*, 18, 26–31.  
<http://doi.org/10.1016/j.psychsport.2014.12.001>
- 30) Englert, C., Persaud, B. N., Oudejans, R. R. D., & Bertrams, A. (2015). The influence of ego depletion on sprint start performance in athletes without track and field experience. *Frontiers in Psychology: Movement Science and Sport Psychology*, 6:1207.  
<https://doi.org/10.3389/fpsyg.2015.01207>
- 29) Englert, C., Zwemmer, K., Bertrams, A., & Oudejans, R. R. D. (2015). Ego depletion and attention regulation under pressure: Is a temporary loss of self-control strength indeed related to impaired attention regulation? *Journal of Sport and Exercise Psychology*, 37, 127–137.  
<https://doi.org/10.1123/jsep.2014-0219>

- 28) Furley, P., Schweizer, G., & Bertrams, A. (2015). The two modes of an athlete: Dual-process theories in the field of sport. *International Review of Sport and Exercise Psychology*, 8, 106–124.  
<https://doi.org/10.1080/1750984X.2015.1022203>
- 27) Schiepe-Tiska, A. & Bertrams, A. (2015). Wirksamkeitsevaluation eines Unterrichtsprogramms zur Förderung des subjektiven Wohlbefindens, des Selbstwertgefühls und der Selbstwirksamkeit von Schülern. *Unterrichtswissenschaft*, 43, 83–96.  
<https://www.fachportal-paedagogik.de/literatur/vollanzeige.html?Fld=1075102#vollanzeige>
- 26) Bertrams, A., & Englert, C. (2014). Test anxiety, self-control, and knowledge retrieval in secondary school students. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 46, 165–170.  
<https://doi.org/10.1026/0049-8637/a000111>
- 25) Bertrams, A., & Pahl, S. (2014). Ego depletion after social interference. *Psychology*, 5, 1–5.  
<https://doi.org/10.4236/psych.2014.51001>
- 24) Bertrams, A., & Schmeichel, B. J. (2014). Improving self-control by practicing logical reasoning. *Self and Identity*, 13, 419–431.  
<https://doi.org/10.1080/15298868.2013.836562>
- 23) Englert, C., & Bertrams, A. (2014). What is self-control depleting in sports? Effects of vicarious experiences on performance. *International Journal of Sport Psychology*, 45, 1–10.  
<http://www.ijsp-online.com/abstract/view/45/1>
- 22) Englert, C., & Bertrams, A. (2014). The effect of ego depletion on sprint start reaction time. *Journal of Sport and Exercise Psychology*, 36, 506–515.  
<https://doi.org/10.1123/jsep.2014-0029>
- 21) Bertrams, A. & Englert, C. (2013). Umsetzung subjektiver Sporthäufigkeitsstandards – Zur Rolle dispositionell verfügbarer Selbstkontrollkraft. *Sportwissenschaft*, 43, 276–282.  
<https://doi.org/10.1007/s12662-013-0304-x>
- 20) Bertrams, A. & Englert, C. (2013). Validierung des STAI-SKD zur Messung von Zustandsangst in echten Prüfungssituationen. *Psychologie in Erziehung und Unterricht*, 60, 112–120.  
<http://doi.org/10.2378/peu2013.art09d>
- 19) Bertrams, A., Englert, C., Dickhäuser, O., & Baumeister, R. F. (2013). Role of self-control strength in the relation between anxiety and cognitive performance. *Emotion*, 13, 668–680.  
<https://doi.org/10.1037/a0031921>
- 18) Englert, C., & Bertrams, A. (2013). The role of self-control strength in the development of state anxiety in test situations. *Psychological Reports*, 112, 976–991.  
<https://doi.org/10.2466%2F15.10.PR0.112.3.976-991>

- 17) Englert, C., & Bertrams, A. (2013). Too exhausted for Operation? Anxiety, depleted self-control strength, and perceptual-motor performance. *Self and Identity*, 12, 650–662.  
<https://doi.org/10.1080/15298868.2012.718865>
- 16) Furley, P., Bertrams, A., Englert, C., & Delphia, A. (2013). Ego depletion, attentional control, and decision making in sport. *Psychology of Sport and Exercise*, 14, 900–904.  
<https://doi.org/10.1016/j.psychsport.2013.08.006>
- 15) Bertrams, A. (2012). How minimal grade goals and self-control capacity interact in predicting test grades. *Learning and Individual Differences*, 22, 833–838.  
<https://doi.org/10.1016/j.lindif.2012.07.003>
- 14) Bertrams, A., & Dickhäuser, O. (2012). On the relationship between need for cognition and self-control capacity. *Psychology and Education: An Interdisciplinary Journal*, 49, 46–55.  
<http://www.psychologyandeducation.net/pae/category/volume-49-no-3-4-2012/>
- 13) Bertrams, A., & Dickhäuser, O. (2012). Passionate thinkers feel better: Self-control capacity as mediator of the relationship between need for cognition and affective adjustment. *Journal of Individual Differences*, 33, 69–75.  
<https://doi.org/10.1027/1614-0001/a000081>
- 12) Englert, C., & Bertrams, A. (2012). Anxiety, ego depletion, and sports performance. *Journal of Sport and Exercise Psychology*, 34, 580–599.  
<https://doi.org/10.1123/jsep.34.5.580>
- 11) Englert, C. & Bertrams, A. (2012). Wie Angst sportliche Leistung beeinträchtigt – und was man dagegen tun kann: Das Kraftspeichermodell der Selbstkontrolle im Sportkontext. *In-Mind Magazine* (1).  
<https://de.in-mind.org/article/wie-angst-sportliche-leistung-beeintraechtigt-und-was-man-dagegen-tun-kann-das>
- 10) Bertrams, A., Unger, A. & Dickhäuser, O. (2011). Momentan verfügbare Selbstkontrollkraft: Vorstellung eines Messinstruments und erste Befunde aus pädagogisch-psychologischen Kontexten. *Zeitschrift für Pädagogische Psychologie*, 25, 185–196.  
<https://doi.org/10.1024/1010-0652/a000042>
- 9) Englert, C., Bertrams, A., & Dickhäuser, O. (2011). Dispositional self-control capacity and trait anxiety as relates to coping styles. *Psychology*, 2, 598–604.  
<https://doi.org/10.4236/psych.2011.26092>
- 8) Englert, C., Bertrams, A. & Dickhäuser, O. (2011). Entwicklung der Fünf-Item-Kurzskala STAI-SKD zur Messung von Zustandsangst. *Zeitschrift für Gesundheitspsychologie*, 19, 173–180.  
<https://doi.org/10.1026/0943-8149/a000049>
- 7) Bertrams, A. (2010). Wo ist bloß gerade meine Willenskraft geblieben? Das Kraftspeichermodell der Selbstkontrolle. *In-Mind Magazine* (1).  
<https://de.in-mind.org/article/wo-ist-bloss-gerade-meine-willenskraft-geblieben-das-kraftspeichermodell-der-selbstkontrolle>

- 6) Bertrams, A., & Dickhäuser, O. (2010). University and school students' motivation for effortful thinking: Factor structure, reliability, and validity of the German Need for Cognition Scale. *European Journal of Psychological Assessment*, 26, 263–268.  
<https://doi.org/10.1027/1015-5759/a000035>
- 5) Bertrams, A., Englert, C., & Dickhäuser, O. (2010). Self-control strength in the relation between trait test anxiety and state anxiety. *Journal of Research in Personality*, 44, 738–741.  
<https://doi.org/10.1016/j.jrp.2010.09.005>
- 4) Bertrams, A., & Dickhäuser, O. (2009). High-school students' need for cognition, self-control capacity, and school achievement: Testing a mediation hypothesis. *Learning and Individual Differences*, 19, 135–138.  
<https://doi.org/10.1016/j.lindif.2008.06.005>
- 3) Bertrams, A. & Dickhäuser, O. (2009). Messung dispositioneller Selbstkontroll-Kapazität: Eine deutsche Adaptation der Kurzform der Self-Control Scale (SCS-K-D). *Diagnostica*, 55, 2–10.  
<https://doi.org/10.1026/0012-1924.55.1.2>
- 2) Bertrams, A., Englert, C., & Dickhäuser, O. (2009). When is anxiety associated with decrements in cognitive performance? The interaction between self-control depletion, threat, and anxiety level. *Proceedings of the 5th International Biennial SELF Research Conference*, Al Ain, United Arab Emirates.
- 1) Dickhäuser, O., Reinhard, M.-A., Diener, C., & Bertrams, A. (2009). How need for cognition affects the processing of achievement-related information. *Learning and Individual Differences*, 19, 283–287.  
<https://doi.org/10.1016/j.lindif.2008.11.003>